



Windsor Terrace Healthcare Center

7447 Sepulveda Boulevard, Van Nuys, CA 91405

Phone (818) 787-3400 | Fax (818) 267-1032

www.windsorcares.com

At Windsor Terrace, rehabilitation is a blend of art and science for patients recovering from hip and knee surgery.

REHABILITATION SERVICES

- **Rehab Gym open 7 days a week**
- **Short-Term Care**
- **Physical Therapy**
- **Occupational Therapy**
- **Complex Post-Surgical Needs**
- **Pain Management**
- **IV Therapy**
- **Wound Care**
- **Infection Control**
- **Stroke, Cardiac, Diabetic Care**
- **Short-Wave Diathermy:** pain control and treating swelling
- **Ultrasound Therapy:** pain control, reduce swelling, and promote circulation
- **Electrical Stimulation:** pain control and for strengthening
- **CPM Machine:** continuous passive motion for knee replacements
- **Nintendo Wii® Fit Program**
- **Stationary Bike**
- **Indoor Miniature Golf:** balance and ambulation on uneven terrain
- **Indoor Stair Training**
- **Balance Exercise:** hand and eye coordination
- **Community Ambulation:** outdoor exercises

Conveniently located in the heart of the San Fernando medical community, we invite patients and their families to tour our facility any time.

To schedule a tour please contact the Director of Admissions:
Ana Realegeno at 818-219-8091.